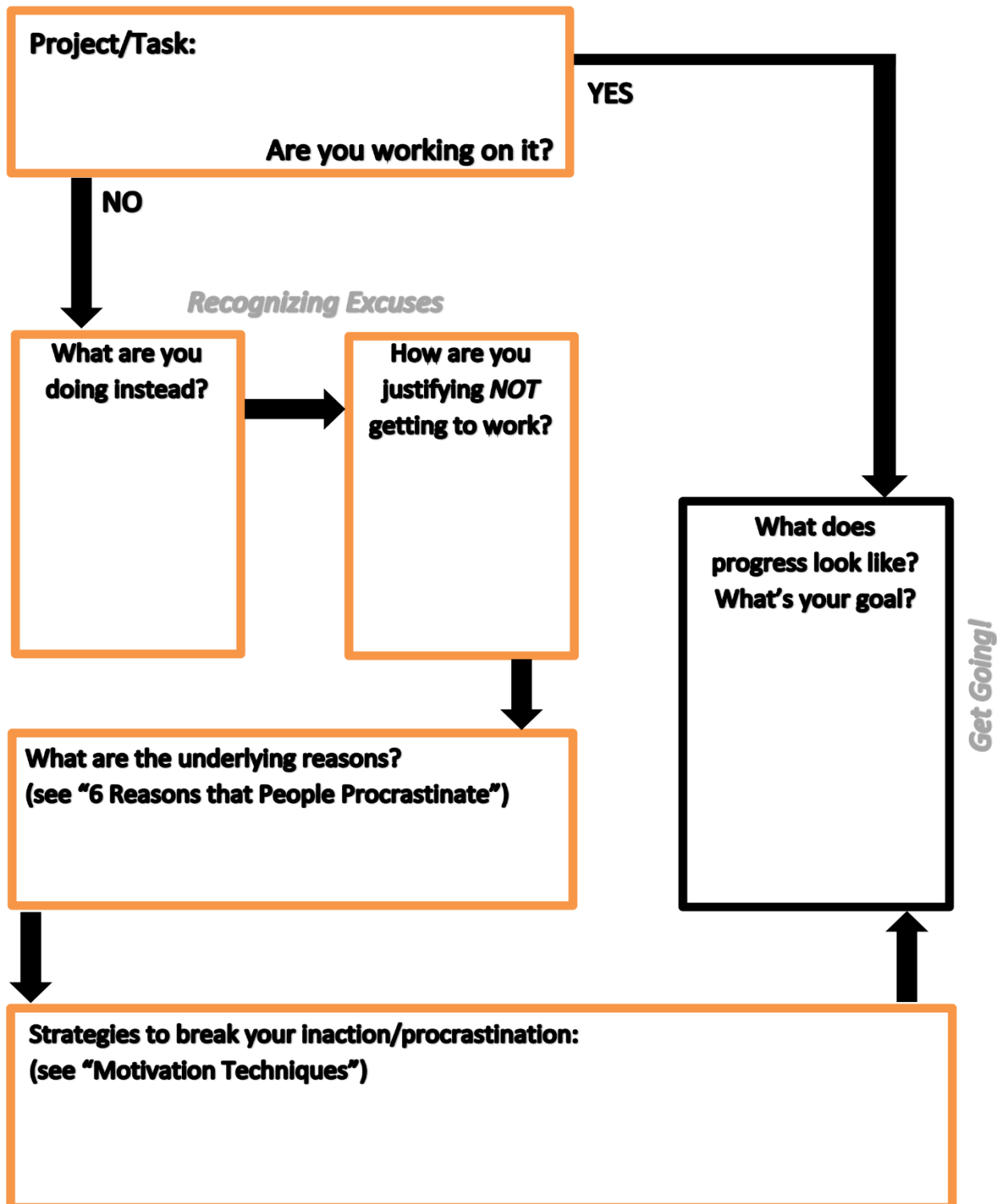


# Procrastination: Management

Academic Success Center  
Iowa State University

---

*Steps you can take to get yourself out of procrastination and into progress*



---

The Academic Success Center is part of the Dean of Students Office at Iowa State University  
1060 Hixson-Lied Student Success Center ❖ 515-294-6624 ❖ success@iastate.edu ❖ <http://www.dso.iastate.edu/asc>