ACADEMIC SUCCESS CENTER
OVERVIEW OF SERVICES
OBJECTIVE AND ROADMAP

To learn about the services and opportunities through ASC and how to utilize them throughout your college experience.

ASC Mission
Academic Skill Development
Course Based Support
Student Employment
Resources
Skill development and course-based support
Achieve academic goals
Develop reflective learners
Experience peer-facilitated learning
Develop leadership skills
ASC PROGRAMS & SERVICES

Academic Skill Development

Academic Coaching
PSYCH 131
Presentations and Workshops

Course-Based Support

Tutoring Services
Supplemental Instruction
Academic Skill Development

Academic Coaching
Psych 131
Workshops/Presentations
ACADEMIC COACHING

- Free, one-on-one meetings
- Individualized support
- Common concerns
  - Time management
  - Exam prep
  - Motivation
  - Procrastination

“I got two A’s in college for the first time. I just needed someone else to help me get it together. They were great.”

AccessPlus -> ISU Appointments

www.asc.dso.iastate.edu/coaching
# Time Management: “Due” vs. “Do”

<table>
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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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| EVENTS: | EVENTS: | EVENTS: | EVENTS: | EVENTS: | EVENTS: | EVENTS: |
PSYCH 131

• 1 credit, graded, team-based learning course
• Evidence-based approach to learning & applying academic skills
• Time management, stress & health, willpower, reading, note-taking
• Small class sizes, up to 30 students

“My study habits before a test have changed greatly. Before, I really only studied the night before a test just to review the material. Now, I start studying 5 days or a week before.”
SKILL DEVELOPMENT SELF-ANALYSIS

1. How developed/established are my academic skills? (very developed, moderately developed, not developed)

2. Have I struggled with time management, motivations, exam preparation in the past? If so, which one/ones?

3. Do I get more out of work in bigger groups or one-on-one/partner work?

4. Do I get more out of routine meetings with people or do I prefer meeting a few times to get something done?
WORKSHOPS

• 6 topics available to request:
  • Overview of Services
  • Time Management
  • The Study Cycle
  • Exam Preparation
  • Final Exam Preparation

Students can also attend scheduled workshops throughout the semester--Find schedule on our website

As a result of students participating in workshops…
  • 91% felt they had an established time management system
  • 87% recognized how to set realistic goals for the semester
HOW TO SCHEDULE A WORKSHOP

Presentations

Important information regarding presentations for the remainder of the spring 2020 semester.

The Academic Success Center will not be conducting presentations for the remainder of the spring 2020 semester. For information regarding resources discussed during presentations, please see our Instagram @iowastateASC.

- ASC undergraduate Peer Ambassadors may be available to facilitate presentations for your class or organization.
- Please keep in mind submitting a request is not a guarantee of a presentation as it is based on our staff’s availability.
- You must submit your request using the online presentation request form at least 2 weeks in advance to allow for adequate time to arrange a presenter. One request per presentation is appreciated. Expect to receive a confirmation email when your presentation is accepted by our staff.

Presentation Topics

Presentations are provided to the following topics listed below: (1 presentation request)

- Overview of All ASC Programs/Services: Description of Academic Coaching, Psychology 131, Supplemental Instruction, Tutoring, and time management activities. A copy of the PowerPoint and Handouts are available for your use. (30 minutes)
- Study Skills and Exam Preparation: A new and improved overview of the Study Cycle, Bloom’s Taxonomy and time management strategies for exam preparation. A copy of the PowerPoint and Handouts are available for your use. (45 minutes)

Peak Times/Limited Availability

These are only times of the overload, staff, and availability. Limited. Your understanding and advance planning during these times are appreciated.
Course Based Support

Tutoring Services
Supplemental Instruction
TUTORING SERVICES

• Small group (2-5 students) tutoring
• $5 per session, funding sources available
• Consistent, twice a week 50-minute sessions
• Request any undergraduate course on our website
• Tutees are more satisfied with their college experience because of tutoring!

“I honestly love my tutor! She does a really great job at helping me with going over stuff I’ve learned in class and she breaks it down piece by piece to make it more understandable! She really puts a lot of care and effort into her work and I really appreciate her!”

www.tutoring.iastate.edu
**How to request a tutor**

1. Go to tutoring.iastate.edu and click on ‘Sign In to Your Tutoring Profile’. Log in with your ISU Net-ID.
2. Fill in contact and other personal information.
3. Click ‘Request Tutoring’ in green.
4. Read through the Tutee Application Agreement.
5. Choose the course you would like to receive tutoring in. Additional courses may be added on your ‘Home’ tab after one course request is completed.
6. Select your funding source. If self-funded, select ‘U-Bill’. Funding Sources other than U-Bill must be approved according to their guidelines.
7. Edit your schedule. Make sure to take all activities (work, clubs, meetings, etc.) into consideration when marking times available. The more hours marked ‘Available’ increases your likelihood of getting assigned to a tutoring group.
8. Hit submit!
9. You will receive an email from your tutor if you are assigned to a group.

**Quick Facts about tutoring**

- Tutoring takes place in groups of 2 to 5 students, this provides a collaborative learning environment.
- You must be currently registered in the undergraduate course you wish to receive tutoring for at ISU.
- Tutoring groups meet twice a week (three times during the summer) for 50 minutes.
- Each session is $5. Tutoring fees are charged to your U-Bill once per month, the following month.
- Attendance is taken at every session. You must notify your tutor if you are going to be absent.
- Tutors will not provide direct answers to anything graded (homework, projects, quizzes, etc.)

**IOWA STATE UNIVERSITY**

**Academic Success Center**

asc.iastate.edu/tutoring
tutorsrv@iastate.edu
515-294-6624
SUPPLEMENTAL INSTRUCTION

• Free & voluntary!
• Three or more 50-minute sessions per week
• SI participants average nearly one letter grade higher than non-participants
• Three out of four SI participants indicated that participation has improved their overall academic skills

“[My SI leader] was not only effective at teaching the concepts and ideas in fun ways, (often better than the actual instructors), but she was also friendly and approachable.”

www.si.iastate.edu
SUPPLEMENTAL INSTRUCTION FACTS

• How many SI sessions were held in the 2018-2019 Academic year?
  3835 sessions

• How many courses held an SI session?
  About 30 sessions per semester

• What was the average GPA difference of SI Participants vs. Non-SI Participants in Spring 2019?
  0.25
### STUDENT EMPLOYMENT

“Being a student employee at the ASC has been one of the most rewarding jobs. It has allowed me to grow as a student leader, experience opportunities I wouldn’t get otherwise, and through it I have made lifelong connections and friendships.”

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<tr>
<th><strong>Tutors</strong></th>
<th><strong>SI Leaders</strong></th>
<th><strong>PA/ Front Dest</strong></th>
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<tbody>
<tr>
<td>- Be enrolled at Iowa State as an undergraduate student</td>
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<tr>
<td>- Complete at least one semester at Iowa State</td>
<td>- Minimum 3.0 GPA for most recent academic semester</td>
<td>- Minimum cumulative Iowa State GPA of 2.75</td>
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<tr>
<td>- Have an Iowa State cumulative GPA of 2.5</td>
<td>- Grade of B+ or high is course(s) you desire to lead</td>
<td>- Minimum 3.0 GPA for most recent academic semester</td>
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<td>- Earned a grade of a B or higher in the course you want to tutor</td>
<td>- Ability to speak and present information in front of a large audience</td>
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RESOURCES

- Week at a Glance, Semester at a Glance
- Exam preparation
- Course specific assistance
- Health and stress
Wrap Up

What is one of the services/resources that you learned about today that you are going to try?
FOLLOW US ON INSTAGRAM AND TWITTER @iowastateasc
CONTACT US

1060 Hixson-Lied Student Success Center
Find us off the 23 orange bus route
Phone: 515-294-6624
• Email: success@iastate.edu
• Web: www.asc.dso.iastate.edu